



4. Over the last month, how often did you eat **French fries or fried potatoes**?

- Never (Go to Q5)
  1-3 times last month
  1-2 times per week
  3-4 times per week
  5-6 times per week
  1 time per day
  2 times per day
  3 times per day
  4 times per day
  5 or more times/day

4a. Each time you ate **French fries or fried potatoes**, how much did you usually eat?

- Small order or less (About 1 cup or less)
  Medium order (About 1½ cups)
  Large order (About 2 cups)
  Super Size order or more (About 3 cups or more)

5. Over the last month, how often did you eat **other white potatoes**? Count **baked, boiled, and mashed potatoes, potato salad, and white potatoes that were not fried**.

- Never (Go to Q6)
  1-3 times last month
  1-2 times per week
  3-4 times per week
  5-6 times per week
  1 time per day
  2 times per day
  3 times per day
  4 times per day
  5 or more times/day

5a. Each time you ate **these potatoes**, how much did you usually eat?

- 1 small potato or less (½ cup or less)
  1 medium potato (½ to 1 cup)
  1 large potato (1 to 1½ cups)
  2 medium potatoes or more (1½ cups or more)

6. Over the last month, how often did you eat **cooked dried beans**? Count **baked beans, bean soup, refried beans, pork and beans, and other bean dishes**.

- Never (Go to Q7)
  1-3 times last month
  1-2 times per week
  3-4 times per week
  5-6 times per week
  1 time per day
  2 times per day
  3 times per day
  4 times per day
  5 or more times/day

6a. Each time you ate **these beans**, how much did you usually eat?

- Less than ½ cup
  ½ to 1 cup
  1 to 1½ cups
  More than 1½ cups

7. Over the last month, how often did you eat **other vegetables**?

- DO NOT COUNT:**
- Lettuce salads
  - White potatoes
  - Cooked dried beans
  - Vegetables in mixtures, such as sandwiches, omelets, casseroles, Mexican dishes, stews, stir-frys, soups, etc.
  - Rice

- COUNT:**
- All other vegetables — raw, cooked, canned, and frozen

- Never (Go to Q8)
  1-3 times last month
  1-2 times per week
  3-4 times per week
  5-6 times per week
  1 time per day
  2 times per day
  3 times per day
  4 times per day
  5 or more times/day

7a. Each time you ate **other vegetables**, how much did you usually eat?

- Less than ½ cup     
  ½ to 1 cup     
  1 to 1½ cups     
  More than 1½ cups

8. Over the last month, how often did you eat **tomato sauce**? Include tomato sauce on pasta or macaroni, rice, pizza and other dishes.

- Never (Go to Q9)   
  1-3 times last month   
  1-2 times per week   
  3-4 times per week   
  5-6 times per week   
  1 time per day   
  2 times per day   
  3 times per day   
  4 times per day   
  5 or more times/day

8a. Each time you ate **tomato sauce**, how much did you usually eat?

- About ¼ cup     
  About ½ cup     
  About 1 cup     
  More than 1 cup

9. Over the last month, how often did you eat **vegetable soups**? Include tomato soup, gazpacho, beef with vegetable soup, minestrone soup, and other soups made with vegetables.

- Never (Go to Q10)   
  1-3 times last month   
  1-2 times per week   
  3-4 times per week   
  5-6 times per week   
  1 time per day   
  2 times per day   
  3 times per day   
  4 times per day   
  5 or more times/day

9a. Each time you ate **vegetable soup**, how much did you usually eat?

- Less than 1 cup     
  1 to 2 cups     
  2 to 3 cups     
  More than 3 cups

10. Over the last month, how often did you eat **mixtures that included vegetables**? Count such foods as sandwiches, casseroles, stews, stir-fry, omelets, and tacos.

- Never   
  1-3 times last month   
  1-2 times per week   
  3-4 times per week   
  5-6 times per week   
  1 time per day   
  2 times per day   
  3 times per day   
  4 times per day   
  5 or more times/day

#### Reference:

Thompson, F. E., Subar, A. F., Radimer, K., Smith, A. F., Midthune, D., Rosenfeld, S., & Kipnis, V. (in press). Performance of two new cognitively enhanced fruit and vegetable short assessment forms (Abstract). Public Health Nutrition.